

# North Family Hubs February - March Timetable 2025 24th February - 28th March

Discover the sessions, activities, support and events taking place for families of children aged 0-5 and beyond!

# Join us at: Adwick Family Hub Askern Family Hub Bentley Family Hub





Proudly supporting families in North Doncaster including: Bentley · Askern · Adwick · Woodlands · Highfields Roman Ridge · Norton · Carcroft · Sprotbrough · Toll Bar

#### www.yourlifedoncaster.co.uk/family-hubs

Other community venues we deliver at:

North

Family

#### Bullcroft Memorial Hall Chestnut Avenue Carcroft DN6 8AP

#### **Highfields Primary School** Coppice Road, Highfields, DN6 7JB

#### Sprotbrough Community Library

Sprotbrough Road, Sprotbrough DN5 8BA

#### Sprotbrough Edmunds Scout Group Hall

Car Park, Anchorage Lane, Doncaster DN5 8DT

# We can't wait to see you!

# February-March Timetable

North Family



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# North Famil HUI

## **First Friends** (Birth to Crawling)

Come and play together within a safe informative and stimulating environment, which is welcoming and supportive to all. Health and development advice is available from a Nursery Nurse.

#### Busy Babies (Crawling to Walking)

Join us for our Busy Babies session, where you and your mobile baby can explore our environment. It includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play. This is a good follow on session from Baby Fun and First Friends.

### Wriggle, Rhyme & Storytime (0-5)

Enjoy our fun and interactive session where children can explore music, rhymes and stories with their parent/carer using props and sensory resources.

# 🔆 Messy Fun for everyone 🛛 (0 -5)

Take part in a variety of messy play experiences. The session aims to provide you and your child with lots of opportunities to explore messy play, experience positive interactions and provide fun low cost play ideas at home. Please dress appropriately as this session WILL get MESSY!!

# 🕻 Stay & Play (0-5)

Our Stay and Play session offers a fun session for you and your child to play and learn new skills with a range of fun filled activities, that includes sensory, outdoor, messy play, music and instruments, physical toys and games, book & stories, singing and snack time.

#### Childminder Drop - in (All Welcome)

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also provides the opportunity for networking between Childminders.





# Family

## Baby Massage (from 6 weeks)

You will be invited to book onto these sessions by your Health Visitor - You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. Call the Health team for more information on 0300 021 8997.

#### 🎖 Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breast feed, with support from peer supporters and a Trained Health Professional.

#### 💥 LIGHT Support Group

Light is a pre- and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. This group is bookable in advance by calling 01144 388962.

#### Other Services and Support

You can also access information and support around volunteering, counselling services, how to join our parent groups or become a parent champion, access wider feeding support and much more. for more information about each of these, visit www.doncaster.gov.uk/familyhubs Call into your local Family thub and speak to a member of staff, or search for your local Family thub on Facebook for all the latest updates and don't forget to follow us!



# Adwick Family Hub

Central Avenue, Woodlands, DN6 7RU 01302 737717

# Askern Family Hub

Spa Pool Road, Askern DN6 0HZ 01302 737099

# Bentley Family Hub

The Avenue, Bentley DN5 0NP 01302 737350

Become a member at your local Family Hub!

For more information, visit: WWW.YOURLIFEDONCASTER.CO.UK/FAMILY -HUBS



